

## Workshop

W09

### Self-Regulation and Task Execution Skills

**Date(s):** October 5, 2017; December 8, 2017; and February 23, 2018

**Participants:** Homeroom teachers (Kindergarten, cycles 1, 2 and 3), resource teachers, CCWs and all other school staff members

**Place:** EMSB (6000 Fielding Avenue)

**Registration Deadline:** September 29, 2017 at noon

### Workshop Description

Adverse childhood experiences alter pathways in the brain, resulting in underdeveloped self-regulation and task execution skills. These underdeveloped executive function skills lead to significant behavioral and learning challenges that make teaching difficult. Over the upcoming workshops, we will:

- examine the research behind a Trauma Sensitive teaching approach
- explore strategies that reduce problematic behavior and increase academic success
- develop practical tools that can be easily integrated into your regular teaching practice

### Resources:

Nancy Saltarelli, professional resource, *A Montreal School for All*.

Tina Newton, TIPPS coordinator, LBPSB